

## Indoor Pentathlon & 3K Champs + Open Events - - Sheffield23 Jan 2022

Address: English Institute of Sport, Sheffield

Date of event: 2022-01-23

Organiser: BMAF Services Limited

Contact Name: Alex Rowe

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Competition Type: INDOOR

### Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

## P01 Pentathlon (women) - 2022-01-23

### Category: W40

place	total	bib	name	categoryteam	60H	HJ	SP	LJ	800
5	3612	85	Leanne Buxton	W40 EMAC	984 9.54	759 1.47	599 9.97	628 4.73	642 2:41.65
8	2125	68	Sally Gilding	W40 EMAC	688 11.18	502 1.26	356 6.61	331 3.70	248 3:23.15

### Category: W50

place	total	bib	name	categoryteam	60H	HJ	SP	LJ	800
6	3122	101	Jenny O'Connor	W50 NEWB	733 11.47	747 1.32	462 7.11	411 3.54	769 2:45.44

### Category: W60

place	total	bib	name	categoryteam	60H	HJ	SP	LJ	800
2	3817	72	Susan Frisby	W60 MMAC	1100 10.25	991 1.32	660 7.98	648 3.70	418 3:42.30
3	3754	73	Jill Roginski	W60 MMAC	963 11.04	747 1.17	747 8.86	609 3.60	688 3:11.66
4	3746	70	Penny Butcher	W60 EMAC	850 11.72	891 1.26	603 7.41	712 3.85	690 3:11.40
7	3058	79	Gaye Clarke	W60 EMAC	939 11.18	795 1.20	600 7.38	506 3.34	218 4:11.89

### Category: W70

place	total	bib	name	categoryteam	60H	HJ	SP	LJ	800
1	3959	77	Caroline Marler	W70 NMAC	763 13.54	978 1.14	827 7.81	628 3.10	763 3:34.08

## P02 Pentathlon (M55+) - 2022-01-23

### Category: M55

place	total	bib	name	categoryteam	60H	LJ	SP	HJ	1000
6	2901	105	Ian Crawley	M55 SCVAC	545 11.67	512 4.31	580 9.11	569 1.41	695 3:31.49
7	2757	89	Derek Glasgow	M55 SVHC	576 11.48	527 4.36	485 7.87	536 1.38	633 3:39.09

8	2745	104	Richard Christian	M55	TONB	545 11.67	535 4.39	541 8.60	504 1.35	620 3:40.70
10	2238	78	Derek Warn	M55	SCVAC	532 11.75	565 4.50	532 8.48	449 1.29	160 4:55.57

### Category: M60

place	total	bib	name	category	team	60H	LJ	SP	HJ	1000
1	3672	74	Andrew W addington	M60	SCVAC	755 10.77	688 4.59	548 8.84	831 1.56	850 3:23.42
3	3354	98	Brian Slaughter	M60	VAC	781 10.63	682 4.57	646 10.14	585 1.35	660 3:46.50
9	2387	94	Geoff Powley	M60	EMAC	433 12.75	467 3.86	577 9.23	464 1.23	446 4:16.46
12	926	93	Allan Leiper	M60	SCVAC	0 0	0 0	926 13.79	0 0	0 0

### Category: M65

place	total	bib	name	category	team	60H	LJ	SP	HJ	1000
2	3556	83	Peadar McGing	M65	IRL	795 11.05	659 4.17	623 9.03	687 1.35	792 3:41.55

### Category: M70

place	total	bib	name	category	team	60H	LJ	SP	HJ	1000
4	3021	100	David Cowley	M70	MMAC	755 11.61	576 3.61	622 9.57	679 1.26	389 4:57.35

### Category: M75

place	total	bib	name	category	team	60H	LJ	SP	HJ	1000
11	1543	80	Ron Davies	M75	SCVAC	511 13.86	569 3.29	463 6.88	0 0	0 0

### Category: M85

place	total	bib	name	category	team	60H	LJ	SP	HJ	1000
5	2940	75	Tony Bowman	M85	NMAC	896 13.50	755 3.05	566 6.72	723 1.02	0 DNF

## ST01 60H Pent + Open(W60+ and M80+) - 2022-01-23

### M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Northern Masters AC	13.50

### W60

Position	Name	Age	Team	Performance
1	Susan Frisby	W60	Midland Masters AC	10.25
2	Jill Roginski	W60	Midland Masters AC	11.04
3	Gaye Clarke	W60	Eastern Masters AC	11.18

4	Penny Butcher	W60	Eastern Masters AC	11.72
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### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	13.54

## T01 60H Pent (Women) - 2022-01-23

### W40

Position	Name	Age	Team	Performance
1	Leanne Buxton	W40	Eastern Masters AC	9.54
2	Sally Gilding	W40	Eastern Masters AC	11.18

### W50

Position	Name	Age	Team	Performance
1	Jenny O'Connor	W50	Newbury AC	11.47

### W60

Position	Name	Age	Team	Performance
1	Susan Frisby	W60	Midland Masters AC	10.25
2	Jill Roginski	W60	Midland Masters AC	11.04
3	Gaye Clarke	W60	Eastern Masters AC	11.18
4	Penny Butcher	W60	Eastern Masters AC	11.72

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	13.54

## T02 60H Open (women) - 2022-01-23

### W55

Position	Name	Age	Team	Performance
1	Jan Timberlake	W55	Worcester AC	13.01

## T03 60H Pent (M55+) - 2022-01-23

### M55

Position	Name	Age	Team	Performance
1	Derek Glasgow	M55	Scottish Veteran Harriers Club	11.48
2	Richard Christian	M55	Tonbridge AC	11.67
3	Ian Crawley	M55	Southern Counties Veterans AC	11.67
4	Derek Warn	M55	Southern Counties Veterans AC	11.75

### M60

Position	Name	Age	Team	Performance
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1	Brian Slaughter	M60	Veterans AC	10.63
2	Andrew Waddington	M60	Southern Counties Veterans AC	10.77
3	Geoff Powley	M60	Eastern Masters AC	12.75

### M65

Position	Name	Age	Team	Performance
1	Peadar McGing	M65		11.05

### M70

Position	Name	Age	Team	Performance
1	David Cowley	M70	Midland Masters AC	11.61

### M75

Position	Name	Age	Team	Performance
1	Ron Davies	M75	Southern Counties Veterans AC	13.86

### M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Northern Masters AC	13.50

## T04 60H Open (M55+) - 2022-01-23

### M70

Position	Name	Age	Team	Performance
1	Tony Wells	M70	Eastern Masters AC	11.08

## ST02 60H Pent + Open(W50-59,M70-79) - 2022-01-23

### M70

Position	Name	Age	Team	Performance
1	Tony Wells	M70	Eastern Masters AC	11.08
2	David Cowley	M70	Midland Masters AC	11.61

### M75

Position	Name	Age	Team	Performance
1	Ron Davies	M75	Southern Counties Veterans AC	13.86

### W50

Position	Name	Age	Team	Performance
1	Jenny O'Connor	W50	Newbury AC	11.47

### W55

Position	Name	Age	Team	Performance
1	Jan Timberlake	W55	Worcester AC	13.01

## ST03 60H Pent + Open (W40-49) - 2022-01-23

### W40

Position	Name	Age	Team	Performance
1	Leanne Buxton	W40	Eastern Masters AC	9.54
2	Sally Gilding	W40	Eastern Masters AC	11.18

## F01 Shot Put Open (women) - 2022-01-23

### W45

Position	Name	Age	Team	Performance
1	Nicola Long	W45	Midland Masters AC	6.52

### W50

Position	Name	Age	Team	Performance
1	Sharon Hutchings	W50	Midland Masters AC	9.12

### W55

Position	Name	Age	Team	Performance
1	Jan Timberlake	W55	Worcester AC	7.57

## ST04 60H Pent (M60-69) - 2022-01-23

### M60

Position	Name	Age	Team	Performance
1	Brian Slaughter	M60	Veterans AC	10.63
2	Andrew Waddington	M60	Southern Counties Veterans AC	10.77
3	Geoff Powley	M60	Eastern Masters AC	12.75

### M65

Position	Name	Age	Team	Performance
1	Peadar McGing	M65		11.05

## ST05 60H Pent (M55) - 2022-01-23

### M55

Position	Name	Age	Team	Performance
1	Derek Glasgow	M55	Scottish Veteran Harriers Club	11.48
2	Ian Crawley	M55	Southern Counties Veterans AC	11.67
3	Richard Christian	M55	Tonbridge AC	11.67
4	Derek Warn	M55	Southern Counties Veterans AC	11.75

## F02 Triple Jump Open (All) - 2022-01-23

### M35

Position	Name	Age	Team	Performance
1	Jack Poxon	M35	Midland Masters AC	11.52

### M45

Position	Name	Age	Team	Performance
1	Grant Stirling	M45	Southern Counties Veterans AC	11.92

### W55

Position	Name	Age	Team	Performance
1	Melanie Garland	W55	Midland Masters AC	9.54
2	Jan Timberlake	W55	Worcester AC	8.42

## P03 Pentathlon (M45-50) - 2022-01-23

### Category: M45

place	total	bib	name	category	team	60H	LJ	SP	HJ	1000
1	3674	96	Darren Dods	M45	SCVAC	908 9.12	762 5.87	601 9.91	714 1.73	689 3:14.07
2	3122	67	Carson Graham	M45	SVHC	898 9.17	802 6.02	441 7.71	577 1.58	404 3:49.13
3	2964	103	Grant Stirling	M45	SCVAC	777 9.74	734 5.77	492 8.41	464 1.46	497 3:36.74
7	2352	95	Rick Cordwell	M45	NMAC	479 11.36	485 4.78	423 7.45	396 1.37	569 3:27.80

### Category: M50

place	total	bib	name	category	team	60H	LJ	SP	HJ	1000
4	2864	82	Phil Robinson	M50	NMAC	545 11.18	514 4.61	570 9.73	593 1.52	642 3:28.26
5	2689	88	Chris Ness	M50	VAC	463 11.68	398 4.14	415 7.53	536 1.46	877 3:02.37
6	2515	69	Ian Firla	M50	SCVAC	397 12.12	443 4.33	393 7.21	426 1.34	856 3:04.53
8	2101	76	Darren O'Leary	M50	EMAC	308 12.77	435 4.29	483 8.50	457 1.37	418 3:57.26

## P04 Pentathlon (M35-40) - 2022-01-23

### Category: M35

place	total	bib	name	category	team	60H	LJ	SP	HJ	1000
1	3461	81	Maxim Hall	M35	GBR	879 8.55	709 6.35	661 12.44	602 1.73	610 3:07.01
5	2213	106	Alex Pope	M35	BB	284 11.76	449 5.18	574 11.06	504 1.61	402 3:31.33
0	86	86	Ryan Hill	M35	NEWB	0 0	0 DNS	0 0	0 0	0 0

### Category: M40

place	total	bib	name	category	team	60H	LJ	SP	HJ	1000
2	3194	91	Sean Reidy	M40	EMAC	832 9.10	556 5.38	456 8.54	480 1.55	870 2:48.07
3	3147	92	Clint Nicholls	M40	EMAC	786 9.31	587 5.51	493 9.10	610 1.70	671 3:08.00
4	2774	87	Carl McMullen	M40	NMAC	572 10.39	604 5.58	425 8.08	457 1.52	716 3:03.28
6	2158	71	Andrew Harrison	M40	NEMAA	223 12.70	441 4.87	422 8.03	338 1.37	734 3:01.42
7	978	90	Neil Yorston	M40	NEMAA	19 15.33	255 3.95	324 6.55	194 1.16	186 4:14.12
0	97	97	Mark Beer	M40	NMAC	0 0	0 DNS	0 0	0 0	0 0

### ST06 60H Pent (M50) - 2022-01-23

#### M50

Position	Name	Age	Team	Performance
1	Phil Robinson	M50	Northern Masters AC	11.18
2	Chris Ness	M50	Veterans AC	11.68
3	Ian Firla	M50	Southern Counties Veterans AC	12.12
4	Darren O'Leary	M50	Eastern Masters AC	12.77

### T05 60H Pent (M45-M50) - 2022-01-23

#### M45

Position	Name	Age	Team	Performance
1	Darren Dods	M45	Southern Counties Veterans AC	9.12
2	Carson Graham	M45	Scottish Veteran Harriers Club	9.17
3	Grant Stirling	M45	Southern Counties Veterans AC	9.74
4	Rick Cordwell	M45	Northern Masters AC	11.36

#### M50

Position	Name	Age	Team	Performance
1	Phil Robinson	M50	Northern Masters AC	11.18
2	Chris Ness	M50	Veterans AC	11.68
3	Ian Firla	M50	Southern Counties Veterans AC	12.12
4	Darren O'Leary	M50	Eastern Masters AC	12.77

### T07 60H Pent (M35-M40) - 2022-01-23

#### M35

Position	Name	Age	Team	Performance
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1	Maxim Hall	M35		8.55
2	Alex Pope	M35	Blackheath & Bromley Harriers AC	11.76

### M40

Position	Name	Age	Team	Performance
1	Sean Reidy	M40	Eastern Masters AC	9.10
2	Clint Nicholls	M40	Eastern Masters AC	9.31
3	Carl McMullen	M40	Northern Masters AC	10.39
4	Andrew Harrison	M40	North East Masters AA	12.70
5	Neil Yorston	M40	North East Masters AA	15.33

### ST07 60H Pent (M45) - 2022-01-23

#### M45

Position	Name	Age	Team	Performance
1	Darren Dods	M45	Southern Counties Veterans AC	9.12
2	Carson Graham	M45	Scottish Veteran Harriers Club	9.17
3	Grant Stirling	M45	Southern Counties Veterans AC	9.74
4	Rick Cordwell	M45	Northern Masters AC	11.36

### ST08 60H Pent (M40) - 2022-01-23

#### M40

Position	Name	Age	Team	Performance
1	Sean Reidy	M40	Eastern Masters AC	9.10
2	Clint Nicholls	M40	Eastern Masters AC	9.31
3	Carl McMullen	M40	Northern Masters AC	10.39
4	Andrew Harrison	M40	North East Masters AA	12.70
5	Neil Yorston	M40	North East Masters AA	15.33

### F03 Long Jump Pent (M55+) - 2022-01-23

#### M55

Position	Name	Age	Team	Performance
1	Derek Warn	M55	Southern Counties Veterans AC	4.50
2	Richard Christian	M55	Tonbridge AC	4.39
3	Derek Glasgow	M55	Scottish Veteran Harriers Club	4.36
4	Ian Crawley	M55	Southern Counties Veterans AC	4.31

#### M60

Position	Name	Age	Team	Performance
1	Andrew Waddington	M60	Southern Counties Veterans AC	4.59



2	Brian Slaughter	M60	Veterans AC	4.57
3	Geoff Powley	M60	Eastern Masters AC	3.86

### M65

Position	Name	Age	Team	Performance
1	Peadar McGing	M65		4.17

### M70

Position	Name	Age	Team	Performance
1	David Cowley	M70	Midland Masters AC	3.61

### M75

Position	Name	Age	Team	Performance
1	Ron Davies	M75	Southern Counties Veterans AC	3.29

### M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Northern Masters AC	3.05

## ST09 60H Pent (M35) - 2022-01-23

### M35

Position	Name	Age	Team	Performance
1	Maxim Hall	M35		8.55
2	Alex Pope	M35	Blackheath & Bromley Harriers AC	11.76

## F04 High Jump Pent (women) - 2022-01-23

### W40

Position	Name	Age	Team	Performance
1	Leanne Buxton	W40	Eastern Masters AC	1.47
2	Sally Gilding	W40	Eastern Masters AC	1.26

### W50

Position	Name	Age	Team	Performance
1	Jenny O'Connor	W50	Newbury AC	1.32

### W60

Position	Name	Age	Team	Performance
1	Susan Frisby	W60	Midland Masters AC	1.32
2	Penny Butcher	W60	Eastern Masters AC	1.26
3	Gaye Clarke	W60	Eastern Masters AC	1.20
4	Jill Roginski	W60	Midland Masters AC	1.17

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	1.14

## T08 200m Open (ALL) - 2022-01-23

### M50

Position	Name	Age	Team	Performance
1	Craig Beecham	M50	Newbury AC	25.53

### M60

Position	Name	Age	Team	Performance
1	Colin Bates	M60	Southern Counties Veterans AC	28.48
2	Brian Slaughter	M60	Veterans AC	29.71
3	Wilson Paterson	M60	Eastern Masters AC	31.49

### M70

Position	Name	Age	Team	Performance
1	Tony Wells	M70	Eastern Masters AC	32.94

### M80

Position	Name	Age	Team	Performance
1	David Cowgill	M80	Northern Masters AC	45.20

### W50

Position	Name	Age	Team	Performance
1	Debra Casson	W50	Northern Masters AC	32.08

### W60

Position	Name	Age	Team	Performance
1	Angela Bryant	W60		34.31

## F05 Long Jump Pent (M45-50) - 2022-01-23

### M45

Position	Name	Age	Team	Performance
1	Carson Graham	M45	Scottish Veteran Harriers Club	6.02
2	Darren Dods	M45	Southern Counties Veterans AC	5.87
3	Grant Stirling	M45	Southern Counties Veterans AC	5.77
4	Rick Cordwell	M45	Northern Masters AC	4.78

### M50

Position	Name	Age	Team	Performance
1	Phil Robinson	M50	Northern Masters AC	4.61

2	Ian Firla	M50	Southern Counties Veterans AC	4.33
3	Darren O'Leary	M50	Eastern Masters AC	4.29
4	Chris Ness	M50	Veterans AC	4.14

## F06 Shot Put Pent (M55+) - 2022-01-23

### M55

Position	Name	Age	Team	Performance
1	Ian Crawley	M55	Southern Counties Veterans AC	9.11
2	Richard Christian	M55	Tonbridge AC	8.60
3	Derek Warn	M55	Southern Counties Veterans AC	8.48
4	Derek Glasgow	M55	Scottish Veteran Harriers Club	7.87

### M60

Position	Name	Age	Team	Performance
1	Allan Leiper	M60	Southern Counties Veterans AC	13.79
2	Brian Slaughter	M60	Veterans AC	10.14
3	Geoff Powley	M60	Eastern Masters AC	9.23
4	Andrew Waddington	M60	Southern Counties Veterans AC	8.84

### M65

Position	Name	Age	Team	Performance
1	Peadar McGing	M65		9.03

### M70

Position	Name	Age	Team	Performance
1	David Cowley	M70	Midland Masters AC	9.57

### M75

Position	Name	Age	Team	Performance
1	Ron Davies	M75	Southern Counties Veterans AC	6.88

### M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Northern Masters AC	6.72

## F07 Long Jump Pent (M35-40) - 2022-01-23

### M35

Position	Name	Age	Team	Performance
1	Maxim Hall	M35		6.35

2	Alex Pope	M35	Blackheath & Bromley Harriers AC	5.18
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### M40

Position	Name	Age	Team	Performance
1	Carl McMullen	M40	Northern Masters AC	5.58
2	Clint Nicholls	M40	Eastern Masters AC	5.51
3	Sean Reidy	M40	Eastern Masters AC	5.38
4	Andrew Harrison	M40	North East Masters AA	4.87
5	Neil Yorston	M40	North East Masters AA	3.95

## F08 High Jump Open (All) - 2022-01-23

### M45

Position	Name	Age	Team	Performance
1	Andrew England	M45	Northern Masters AC	1.55
2	Matt Williams	M45	Cambridge University AC	1.40

### M65

Position	Name	Age	Team	Performance
1	Rashpal Singh	M65	Coventry Godiva Harriers	1.19

### W40

Position	Name	Age	Team	Performance
1	Clare Gratrix	W40	Midland Masters AC	1.22

### W55

Position	Name	Age	Team	Performance
1	Melanie Garland	W55	Midland Masters AC	1.34
2	Jan Timberlake	W55	Worcester AC	1.25

## F09 Shot Put Pent (Women) - 2022-01-23

### W40

Position	Name	Age	Team	Performance
1	Leanne Buxton	W40	Eastern Masters AC	9.97
2	Sally Gilding	W40	Eastern Masters AC	6.61

### W50

Position	Name	Age	Team	Performance
1	Jenny O'Connor	W50	Newbury AC	7.11

### W60

Position	Name	Age	Team	Performance
1	Jill Roginski	W60	Midland Masters AC	8.86
2	Susan Frisby	W60	Midland Masters AC	7.98

3	Penny Butcher	W60	Eastern Masters AC	7.41
4	Gaye Clarke	W60	Eastern Masters AC	7.38

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	7.81

## T09 3000m Champs (Women) - 2022-01-23

### W35

Position	Name	Age	Team	Performance
1	Alexis Dodd	W35	North East Masters AA	10:52.74
2	Claire Watson	W35	Sutton in Ashfield Harriers & AC	12:24.36

### W40

Position	Name	Age	Team	Performance
1	Lisa Gawthorne	W40	Northern Masters AC	11:27.00

### W50

Position	Name	Age	Team	Performance
1	Stephanie Robson	W50	Northern Masters AC	11:54.52
2	Jane Halloran	W50	Northern Masters AC	12:04.11

### W60

Position	Name	Age	Team	Performance
1	Fiona Matheson	W60	Scottish Veteran Harriers Club	11:01.55
2	Susan Lockhart	W60	Ipswich Jaffa RC	13:41.29

### W65

Position	Name	Age	Team	Performance
1	Phyllis Hands	W65	Scottish Veteran Harriers Club	14:06.31

### W70

Position	Name	Age	Team	Performance
1	Angela Pollitzer	W70	Veterans AC	17:23.46

## T10 3000m Champs (Men) - 2022-01-23

### M35

Position	Name	Age	Team	Performance
1	Daniel Eckersley	M35	Southern Counties Veterans AC	8:44.34
2	Kristian Watson	M35	Midland Masters AC	8:49.08
3	Mitch Blundell	M35	Cannock & Stafford AC	9:37.65

### M40

Position	Name	Age	Team	Performance
1	Jonathan Stewart	M40	Leeds City Athletic Club	8:48.69
2	Bruno Lima	M40		9:15.81
3	Mark Powell	M40	Midland Masters AC	9:34.26
4	Ben Holmes	M40	Harrogate Harriers & AC	9:36.97
5	Steven O'Neill	M40	Kimberworth Striders	9:49.65

### M45

Position	Name	Age	Team	Performance
1	Mick Hill	M45	Leeds City Athletic Club	8:52.91
2	Paul Horan	M45	North Belfast Harriers	9:19.41
3	Jeff Prest	M45	Northern Masters AC	9:23.62
4	Thomas South	M45	Veterans AC	9:24.32
5	Simon Ellis	M45	Northern Masters AC	9:48.12
6	John Rouse	M45	Midland Masters AC	10:04.19
7	Chris Jordan	M45	Midland Masters AC	11:31.49

### M50

Position	Name	Age	Team	Performance
1	Tony O'Brien	M50	Northern Masters AC	9:01.18
2	Adrian Lewis	M50	Welsh Masters Athletics Limited	9:59.63
3	Paul Mcmonagle	M50	Scottish Veteran Harriers Club	10:03.07
4	Neil Pendlebury	M50	Northern Masters AC	10:06.27
5	Paul Flynn	M50	Welsh Masters Athletics Limited	11:02.54
6	Christopher John Payne	M50	Northern Masters AC	11:15.64

### M55

Position	Name	Age	Team	Performance
1	Andrew Ridley	M55	Veterans AC	9:43.42
2	David Owen Williams	M55	Welsh Masters Athletics Limited	10:17.43
3	Paul Whittingham	M55	Midland Masters AC	10:23.71
4	Russell Parkin	M55	Midland Masters AC	10:43.45
5	Geoff Lowry	M55	Midland Masters AC	10:53.54
6	Colin Hodgson	M55	North East Masters AA	11:04.23
7	Paul Lemmon	M55	Northern Masters AC	11:06.40
8	Grant Matheson	M55	Scottish Veteran Harriers Club	11:07.41
9	Stephen Dent	M55	North East Masters AA	11:11.33
10	Philip York	M55	South West Veterans AC	11:58.02

### M60

Position	Name	Age	Team	Performance
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1	Colin Ridley	M60	Eastern Masters AC	9:51.45
2	David Clarke	M60	North Belfast Harriers	9:52.72
3	Guy Bracken	M60	North East Masters AA	9:57.36
4	Chris Ireland	M60	Northern Masters AC	10:30.05
5	Jed Turner	M60	Northern Masters AC	10:50.63
6	Malcolm Down	M60	Midland Masters AC	11:15.02

### M65

Position	Name	Age	Team	Performance
1	Mark Hargreaves	M65	Southern Counties Veterans AC	11:07.49
2	David Bedwell	M65	Midland Masters AC	11:41.94
3	Kevin Archer	M65	South West Veterans AC	11:47.16
4	Donald Johnson	M65	Northern Masters AC	14:30.84
5	Kevin Dillon	M65	Manchester Harriers & AC	17:01.57

### M70

Position	Name	Age	Team	Performance
1	David Oxland	M70	Midland Masters AC	10:55.36
2	Peter Kennedy	M70	Veterans AC	12:26.87
3	Tim Newton	M70	Eastern Masters AC	12:49.46

### M75

Position	Name	Age	Team	Performance
1	Rod Scholes	M75	Northern Masters AC	15:11.39
2	Barrie Roberts	M75	Welsh Masters Athletics Limited	16:25.04

### M80

Position	Name	Age	Team	Performance
1	David Tomlinson	M80	Northern Masters AC	17:11.11

## F10 High Jump Pent (M55+) - 2022-01-23

### M55

Position	Name	Age	Team	Performance
1	Ian Crawley	M55	Southern Counties Veterans AC	1.41
2	Derek Glasgow	M55	Scottish Veteran Harriers Club	1.38
3	Richard Christian	M55	Tonbridge AC	1.35
4	Derek Warn	M55	Southern Counties Veterans AC	1.29

### M60

Position	Name	Age	Team	Performance
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1	Andrew Waddington	M60	Southern Counties Veterans AC	1.56
2	Brian Slaughter	M60	Veterans AC	1.35
3	Geoff Powley	M60	Eastern Masters AC	1.23

### M65

Position	Name	Age	Team	Performance
1	Peadar McGing	M65		1.35

### M70

Position	Name	Age	Team	Performance
1	David Cowley	M70	Midland Masters AC	1.26

### M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Northern Masters AC	1.02

## F12 Long Jump Pent (Women) - 2022-01-23

### W40

Position	Name	Age	Team	Performance
1	Leanne Buxton	W40	Eastern Masters AC	4.73
2	Sally Gilding	W40	Eastern Masters AC	3.70

### W50

Position	Name	Age	Team	Performance
1	Jenny O'Connor	W50	Newbury AC	3.54

### W60

Position	Name	Age	Team	Performance
1	Penny Butcher	W60	Eastern Masters AC	3.85
2	Susan Frisby	W60	Midland Masters AC	3.70
3	Jill Roginski	W60	Midland Masters AC	3.60
4	Gaye Clarke	W60	Eastern Masters AC	3.34

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	3.10

## F11 Shot Put Pent (M45-50) - 2022-01-23

### M45

Position	Name	Age	Team	Performance
1	Darren Dods	M45	Southern Counties Veterans AC	9.91
2	Grant Stirling	M45	Southern Counties Veterans AC	8.41



3	Carson Graham	M45	Scottish Veteran Harriers Club	7.71
4	Rick Cordwell	M45	Northern Masters AC	7.45

### M50

Position	Name	Age	Team	Performance
1	Phil Robinson	M50	Northern Masters AC	9.73
2	Darren O'Leary	M50	Eastern Masters AC	8.50
3	Chris Ness	M50	Veterans AC	7.53
4	Ian Firla	M50	Southern Counties Veterans AC	7.21

## F13 Long Jump Open (All) - 2022-01-23

### M35

Position	Name	Age	Team	Performance
1	Jack Poxon	M35	Midland Masters AC	5.58

### M50

Position	Name	Age	Team	Performance
1	Craig Beecham	M50	Newbury AC	6.06

### M65

Position	Name	Age	Team	Performance
1	Rashpal Singh	M65	Coventry Godiva Harriers	3.95

### W55

Position	Name	Age	Team	Performance
1	Melanie Garland	W55	Midland Masters AC	4.17
2	Jan Timberlake	W55	Worcester AC	3.87

### W60

Position	Name	Age	Team	Performance
1	Denise Timmis	W60	Eastern Masters AC	3.70

## F15 Hgh Jump Pent (M45-50) - 2022-01-23

### M45

Position	Name	Age	Team	Performance
1	Darren Dods	M45	Southern Counties Veterans AC	1.73
2	Carson Graham	M45	Scottish Veteran Harriers Club	1.58
3	Grant Stirling	M45	Southern Counties Veterans AC	1.46
4	Rick Cordwell	M45	Northern Masters AC	1.37

### M50

Position	Name	Age	Team	Performance
1	Phil Robinson	M50	Northern Masters AC	1.52
2	Chris Ness	M50	Veterans AC	1.46
3	Darren O'Leary	M50	Eastern Masters AC	1.37
4	Ian Firla	M50	Southern Counties Veterans AC	1.34

## T11 800m Pent (Women) - 2022-01-23

### W40

Position	Name	Age	Team	Performance
1	Leanne Buxton	W40	Eastern Masters AC	2:41.70
2	Sally Gilding	W40	Eastern Masters AC	3:23.10

### W50

Position	Name	Age	Team	Performance
1	Jenny O'Connor	W50	Newbury AC	2:45.40

### W60

Position	Name	Age	Team	Performance
1	Penny Butcher	W60	Eastern Masters AC	3:11.40
2	Jill Roginski	W60	Midland Masters AC	3:11.70
3	Susan Frisby	W60	Midland Masters AC	3:42.30
4	Gaye Clarke	W60	Eastern Masters AC	4:11.90

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	3:34.10

## T12 800m Open (Women) - 2022-01-23

### W40

Position	Name	Age	Team	Performance
1	Leanne Buxton	W40	Eastern Masters AC	2:41.65
2	Sally Gilding	W40	Eastern Masters AC	3:23.15

### W50

Position	Name	Age	Team	Performance
1	Jenny O'Connor	W50	Newbury AC	2:45.44

### W60

Position	Name	Age	Team	Performance
1	Penny Butcher	W60	Eastern Masters AC	3:11.40
2	Jill Roginski	W60	Midland Masters AC	3:11.66
3	Susan Frisby	W60	Midland Masters AC	3:42.30
4	Gaye Clarke	W60	Eastern Masters AC	4:11.89

## W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	3:34.08

## F14 Shot Put Pent (M35-40) - 2022-01-23

### M35

Position	Name	Age	Team	Performance
1	Maxim Hall	M35		12.44
2	Alex Pope	M35	Blackheath & Bromley Harriers AC	11.06

### M40

Position	Name	Age	Team	Performance
1	Clint Nicholls	M40	Eastern Masters AC	9.10
2	Sean Reidy	M40	Eastern Masters AC	8.54
3	Carl McMullen	M40	Northern Masters AC	8.08
4	Andrew Harrison	M40	North East Masters AA	8.03
5	Neil Yorston	M40	North East Masters AA	6.55

## F16 High Jump Pent (M35-40) - 2022-01-23

### M35

Position	Name	Age	Team	Performance
1	Maxim Hall	M35		1.73
2	Alex Pope	M35	Blackheath & Bromley Harriers AC	1.61

### M40

Position	Name	Age	Team	Performance
1	Clint Nicholls	M40	Eastern Masters AC	1.70
2	Sean Reidy	M40	Eastern Masters AC	1.55
3	Carl McMullen	M40	Northern Masters AC	1.52
4	Andrew Harrison	M40	North East Masters AA	1.37
5	Neil Yorston	M40	North East Masters AA	1.16

## T13 1000 Pent (M55+) - 2022-01-23

### M55

Position	Name	Age	Team	Performance
1	Ian Crawley	M55	Southern Counties Veterans AC	3:31.49
2	Derek Glasgow	M55	Scottish Veteran Harriers Club	3:39.09
3	Richard Christian	M55	Tonbridge AC	3:40.70
4	Derek Warn	M55	Southern Counties Veterans AC	4:55.57

### M60

Position	Name	Age	Team	Performance
1	Andrew Waddington	M60	Southern Counties Veterans AC	3:23.42
2	Brian Slaughter	M60	Veterans AC	3:46.50
3	Geoff Powley	M60	Eastern Masters AC	4:16.46

### M65

Position	Name	Age	Team	Performance
1	Peadar McGing	M65		3:41.55

### M70

Position	Name	Age	Team	Performance
1	David Cowley	M70	Midland Masters AC	4:57.35

## F17 Shot Putt Open (Men) - 2022-01-23

### M50

Position	Name	Age	Team	Performance
1	Darran Askew	M50	Doncaster Athletic Club	11.82

### M60

Position	Name	Age	Team	Performance
1	Allan Leiper	M60	Southern Counties Veterans AC	13.79
2	Michael Hausler	M60	Eastern Masters AC	13.59

## T14 800m Open (Men) - 2022-01-23

### M50

Position	Name	Age	Team	Performance
1	Neil Pendlebury	M50	Northern Masters AC	2:19.80
2	Christopher John Payne	M50	Northern Masters AC	2:33.18

### M55

Position	Name	Age	Team	Performance
1	Colin Hodgson	M55	North East Masters AA	2:36.33

### M60

Position	Name	Age	Team	Performance
1	Colin Bates	M60	Southern Counties Veterans AC	2:32.68

## T15 1000 Pent (M45-50) - 2022-01-23

### M45

Position	Name	Age	Team	Performance
1	Darren Dods	M45	Southern Counties Veterans AC	3:14.07

2	Rick Cordwell	M45	Northern Masters AC	3:27.80
3	Grant Stirling	M45	Southern Counties Veterans AC	3:36.74
4	Carson Graham	M45	Scottish Veteran Harriers Club	3:49.13

### M50

Position	Name	Age	Team	Performance
1	Chris Ness	M50	Veterans AC	3:02.37
2	Ian Firla	M50	Southern Counties Veterans AC	3:04.53
3	Phil Robinson	M50	Northern Masters AC	3:28.26
4	Darren O'Leary	M50	Eastern Masters AC	3:57.26

## T16 1000 Pent (M35-40) - 2022-01-23

### M35

Position	Name	Age	Team	Performance
1	Maxim Hall	M35		3:07.01
2	Alex Pope	M35	Blackheath & Bromley Harriers AC	3:31.33

### M40

Position	Name	Age	Team	Performance
1	Sean Reidy	M40	Eastern Masters AC	2:48.07
2	Andrew Harrison	M40	North East Masters AA	3:01.42
3	Carl McMullen	M40	Northern Masters AC	3:03.28
4	Clint Nicholls	M40	Eastern Masters AC	3:08.00
5	Neil Yorston	M40	North East Masters AA	4:14.12